



Interior Health

# INTERIOR HEALTH AUTHORITY

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Thompson, Shuswap  
Health Service Area  
CORPORATE Office Kamloops  
Reception  
9th Floor 311 Columbia St  
Kamloops ..... **250-314-2352**  
Fax Line ..... **250-314-2172**  
Toll Free ..... **1-877-374-1161**

## HOSPITAL/Health Centres

**Ashcroft Hospital  
& Community Health Centre**  
700 Ash-Cache Ck Hwy  
Ashcft ..... **250-453-2211**  
Residential Care Wing ..... **250-453-1913**

**Barriere Community  
Health Centre**  
537 Barriere Town Barr ..... **250-672-9731**

**Chase & District  
Health Centre**  
825 Thompson Chase ..... **250-679-3312**

**Dr Helmcken Memorial Hospital  
& Health Centre**  
640 Park Clrwtr ..... **250-674-2244**

**Kamloops Downtown  
Health Centre**  
Kam ..... **250-851-7954**

**Logan Lake Health Centre**  
5 Beryl LognLk ..... **250-523-9414**

**Nicola Valley  
Health Centre**  
3451 Voght Merr ..... **250-378-2242**  
Gillis House ..... **250-378-3271**

**Royal Inland Hospital**  
311 Columbia Kam ..... **250-374-5111**

**Shuswap Lake  
General Hospital**  
601 10 St NE SArm ..... **250-833-3600**

**Health Units**  
Ashcroft ..... **250-453-1940**  
Barriere ..... **250-672-5515**  
Chase ..... **250-679-1393**

Clearwater ..... **250-674-3141**  
Kamloops ..... **250-851-7300**  
Speech & Hearing ..... **250-851-7355**

Kamloops Downtown  
Health Centre ..... **250-851-7954**  
Logan Lake ..... **250-523-9724**  
Merritt ..... **250-378-3400**  
Salmon Arm ..... **250-833-4100**

**PUBLIC Health Inspectors  
/Licensing Officers**  
General Enquiries  
Public Health Protection/  
Engineer-Sewage/Water Testing/  
Food Inspection/Permits/  
Facilities Licencing ..... **250-851-7340**

## HOME & Community Care Services

Adult Day Services  
Community Home Care Nursing  
Community Rehabilitation  
Home Support  
Lifeline  
Residential Care  
Ashcroft ..... **250-453-1939**  
Barriere ..... **250-672-9707**  
Chase ..... **250-679-1416**  
Clearwater ..... **250-674-3141**  
Kamloops ..... **250-851-7900**  
Intake Office Hours ..... **250-851-7935**  
Logan Lake ..... **250-523-9414**  
Merritt ..... **250-378-3409**  
Revelstoke ..... **250-837-2131**  
Salmon Arm ..... **250-832-6643**  
24 Hour Toll Free ..... **1-877-668-3388**

## MENTAL Health Services

Ashcroft ..... **250-453-1936**  
Barriere ..... **250-672-9731**  
Chase ..... **250-679-3312**  
Clearwater ..... **250-674-2600**  
Kamloops ..... **250-851-7450**  
After Hours Emergency ..... **250-377-0088**  
Kamloops  
Counselling Services ..... **250-314-2122**  
Cornerstone Resources  
Centre ..... **250-372-2278**  
Hillside Centre  
-Tertiary Acute Facility ..... **250-314-2700**  
Parkview Mental Health ..... **250-376-7855**  
South Hills Tertiary  
Psychiatric Rehabilitation  
Centre ..... **250-554-5590**

Logan Lake ..... **250-523-9414**  
Merritt ..... **250-378-3401**  
Salmon Arm ..... **250-833-4100**

## RESIDENTIAL Care Facilities

Ashcroft Hospital  
& Community Health Centre  
Residential Care Wing ..... **250-453-1913**  
Bastion Place Salmon Arm ..... **250-833-3616**  
Coquihalla/Gillis House  
Merritt ..... **250-378-3271**  
Forest View Place  
Clearwater ..... **250-674-2244**  
Moberly Park Manor  
Revelstoke ..... **250-837-3147**  
Overlander Residential Care  
Kam ..... **250-554-2323**  
Ponderosa Lodge Kamloops ..... **250-374-5671**

## TOLL Free Numbers

Health Information Line  
Toll Free ..... **1-800-665-4347**  
Aids & Sexually Transmitted  
Disease Testing & Information  
Toll Free ..... **1-800-661-4337**  
Community Care Services  
Toll Free ..... **1-877-668-3388**  
Community Support Information  
Line For Handicapped Enquiries  
Toll Free ..... **1-800-465-4911**  
Organ Donor Registry  
Toll Free ..... **1-800-663-6189**  
Healthy Kids Program  
Toll Free ..... **1-800-748-1144**  
Patient Rep  
Toll Free ..... **1-866-844-2258**  
Street Clinic  
Toll Free ..... **1-866-847-4372**  
Or ..... **250-851-7300**



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## MUNICIPALITIES, REGIONAL DISTRICTS & INDIAN BANDS

*You can find view these listings by using the "Business Search" portion of this panel and search by business name*

Adams Lake Band  
Ashcroft & District General Hospital  
Ashcroft Indian Band  
Ashcroft Village of  
Barriere District of  
Blue River Improvement District  
Bonaparte Indian Band  
Cache Creek Village of  
Chase Village of  
Clearwater District of  
Coldwater Indian Band  
Columbia Shuswap Regional District  
Cook's Ferry Indian Band  
Kamloops City of  
Kamloops Indian Band

Little Shuswap Indian Band  
Logan Lake District of  
Lower Nicola Indian Band  
Merritt City of  
Neskonlith Band  
Nooaitch Indian Band  
Oregon Jack Creek Indian Band  
Savona Improvement District  
Shackan Indian Band  
Simpcw First Nation  
Skeetchestn Indian Band  
Spences Bridge Improvement District  
Thompson-Nicola Regional District  
Upper Nicola Band  
Whispering Pines Indian Band