



Armstrong Spallumcheen

Chamber of Commerce

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Our playing fields are full from spring to fall with soccer and baseball, while the Nor-Val Centre is busy year round with lacrosse, figure skating and hockey for all ages. Try out the tennis courts, swimming pool, curling rink, equestrian centers or hiking trails. Check at the Visitor Center for a list of events and trail/walking guides.

Enjoy the unique, historic feeling of Armstrong/Spallumcheen year round. Experience the Interior Provincial Exhibition - BC's largest agricultural fair, complete with rodeo, midway, exhibits and live entertainment - see dates below. Eat your fill of delicious fruits and vegetables beginning with asparagus in May, ending with tomatoes, pumpkins and potatoes in the fall. The Farmers Market, local u-pick and farm sales offer the best produce at the best prices! We are proud to be National winners of Communities in Bloom and WinterLights Celebration. Come Visit Us!!

**Welcome To
Armstrong/Spallumcheen...
A Warm Country
Welcome Awaits You!!**

The city of Armstrong Township of Spallumcheen are home to bountiful agricultural areas, charming small town hospitality, scenic back roads and the Interior Provincial Exhibition. Armstrong is set in the midst of Spallumcheen - a name derived from the First Nations word meaning "beautiful valley" - for obvious reasons.

Located north of Vernon, between the rolling Okanagan Valley and the forested Shuswap Valley, is one of the best agricultural areas in BC. Spallumcheen is cloaked in green alfalfa and golden grain - with cattle and produce farms nestled between. A haven for waterfowl and songbirds, a nesting area for Blue Herons, and a hunting ground for hawks and eagles also makes way for other wildlife - deer, coyotes and others are found throughout the area.

A testament to the history of Armstrong, the railway still runs through the center of town, surrounded by flowerbeds and trees. The city welcomes visitors with small town hospitality and warm, friendly service. Explore the many specialty shops - we are well known for the delicious cheese produced here! The largest miniature horse breeding farm in Canada, a miniature railway, farmers market, indoor & outdoor live theatre, an art gallery and a museum offer activities for all. Enjoy a round of golf on our beautifully manicured courses, enjoy wine tasting or a visit to Rogers Mill to complete your trip. Not to be missed is O'Keefe Historic Ranch, complete with interactive displays and lots of history.

The coffee is on...and the welcome mat is out! Come visit Armstrong and Spallumcheen - the people are friendly, enthusiastic and proud of what we have to offer - the best the North Okanagan has to offer.

Armstrong / Spallumcheen Events

April	New Spirit Expressions, (Brochure Available in Chamber Office)
April 21 - May 1	Asparagus Theatre Spring Production
Saturdays	Farmers Market (until October)
Apr. 18 - 25	Museum Book Sale
Apr. 24	Business Awards & Gala
May 8	Bike Rodeo
May 8	Caravan's 'Mayfair'
May 9 - 10	Miniature Horse Show
May 30	Okanagan Shuswap Century Ride
Jun 19	Recreation Vehicle Safety Show
June 19 - 30	Countdown to Canada Day Celebrations
July 1	Canada Day
July 1 - 4	Armstrong Funtastic
TBA	Okanagan 4H Stock Show
Fridays July & Aug	Cowboy Dinner Show - O'Keefe Ranch
July 1 & Aug 1	Cornelius O'Keefe Days & Cowboy Festival
Aug. 3	BC Day
Sept. 2 - 6	110th Annual Interior Provincial Exhibition & Stampede
Sept. 17 - 20	South Central Quarter Horse Show
Sept. 26	4th Annual Plow Match & Antique Equipment Show
Sept. TBA	Annual Ribbon Show, Armstrong Art Gallery
Oct. 24	9th Annual Harvest Pumpkin Festival
Oct. 31	Halloween Spooktacular
November 11	Remembrance Day
Nov. 26	Christmas Street Fair
Dec. TBA	Caravan Farm Winter Sleigh Ride Show

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"Where Agriculture meets Industry"